

**COUNTY OF SAN LUIS OBISPO BOARD OF SUPERVISORS  
AGENDA ITEM TRANSMITTAL**

(1) DEPARTMENT Behavioral Health	(2) MEETING DATE 9/10/2013	(3) CONTACT/PHONE Cindy Collins, Administrative Services Manager 788-2932	
(4) SUBJECT Request to approve a renewal contract (Clerk's File) with Sanford L. Friedlander, M.A., L.P.T., L.M.F.T. for FY 2013-14 in the amount not to exceed \$491,886 to provide mental health crisis intervention services.			
(5) RECOMMENDED ACTION It is recommended that the Board approve and direct Chairperson to sign a renewal contract with Sanford L. Friedlander, M.A., L.P.T., L.M.F.T. for FY 2013-14 in the amount not to exceed \$491,886 to provide mental health crisis intervention services.			
(6) FUNDING SOURCE(S) Mental Health Services Act, DSS, Medi-Cal, EPSDT	(7) CURRENT YEAR FINANCIAL IMPACT \$491,886.00	(8) ANNUAL FINANCIAL IMPACT \$491,886.00	(9) BUDGETED? Yes
(10) AGENDA PLACEMENT { X } Consent    { } Presentation                      { } Hearing (Time Est. ____ )    { } Board Business (Time Est. ____)			
(11) EXECUTED DOCUMENTS { } Resolutions    { X } Contracts    { } Ordinances    { } N/A			
(12) OUTLINE AGREEMENT REQUISITION NUMBER (OAR) 19001328		(13) BUDGET ADJUSTMENT REQUIRED? BAR ID Number: { } 4/5th's Vote Required            { X } N/A	
(14) LOCATION MAP N/A	(15) BUSINESS IMPACT STATEMENT? No	(16) AGENDA ITEM HISTORY { } N/A    Date: <u>9/18/12</u>	
(17) ADMINISTRATIVE OFFICE REVIEW  Reviewed by Leslie Brown			
(18) SUPERVISOR DISTRICT(S) All Districts -			

# County of San Luis Obispo



TO: Board of Supervisors

FROM: Jeff Hamm, Health Agency Director

DATE: 9/10/2013

SUBJECT: Request to approve a renewal contract (Clerk's File) with Sanford L. Friedlander, M.A., L.P.T., L.M.F.T. for FY 2013-14 in the amount not to exceed \$491,886 to provide mental health crisis intervention services

## **RECOMMENDATION**

It is recommended that the Board approve and direct Chairperson to sign a renewal contract with Sanford L. Friedlander, M.A., L.P.T., L.M.F.T. for FY 2013-14 in the amount not to exceed \$491,886 to provide mental health crisis intervention services.

## **DISCUSSION**

The County has contracted with Mr. Friedlander to provide mobile crisis intervention services since 1992. Mobile Crisis intervention services were identified as one of the most desired services by the Mental Health Services Act public survey in 2005. Based on the results of the survey, the MHSA stakeholders approved funding an additional crisis responder. This increased the number of responders per shift from one to two. Timely response to mental health crisis can often mitigate the crisis condition being experienced and avoid more intensive mental health services at the Psychiatric Health Facility. Mr. Friedlander (Contractor) currently works full-time and employs twelve part-time crisis responders who are specially trained in crisis intervention services. Contractor ensures crisis interventions services are available 24-hours a day, seven days a week, throughout the County, when a mental health crisis situation occurs. In addition to providing crisis intervention services to the community, the Contractor and his staff provide weekend and after-hours crisis intervention services to individuals at the Juvenile Hall and the County Jail and night and week-end coverage for the Department of Social Services-Adult Protective Services cases involving mental impairment. The Contractor also provides training for law enforcement and other first responders in responding to individuals in a mental health crisis.

Crisis intervention services are needed when an individual could be dangerous to self or others, or is exhibiting a grave disability or other mental health crisis. Without these services in the field, most calls received for emergency response would be referred to law enforcement personnel and could result in costly hospitalizations. The Department is not adequately staffed to provide crisis intervention services in the field. The Contractor provides two Crisis Responders per shift to cover all regions of the County. The coverage ensures responsiveness and intervention services are provided as soon as possible. Beyond the services provided by the contractor, the Department provides crisis intervention services for calls received during clinic hours that do not need face-to-face interventions. The Department also handles crisis situations from individuals that come into the clinic.

The mental health crisis intervention services are detailed below:

- 1) **Crisis Intervention Services** - The basic crisis intervention function is available 24-hours per day to provide immediate face-to-face or telephone contact to members of the community in mental health crisis. Crisis services are also provided to individuals at the Juvenile Service Center and the County Jail. The goal of crisis intervention services is to divert clients from psychiatric hospitalization when appropriate.
- 2) **Adult Protective Services (APS) After-hours Crisis Coverage** - The service provides night and weekend coverage for Adult Protective Services' cases where older adults become impaired to the point of a crisis in their functioning and living situation, or may have suffered abuse or neglect. It is cost-effective to include these services in this contract for older adults served by or potentially served by the Department of Social Services, rather than for both departments to have to arrange 24-hour crisis coverage.

#### **OTHER AGENCY INVOLVEMENT/IMPACT**

County Counsel has approved the contract as to form and legal effect. The contract was coordinated with the Department of Social Services.

#### **FINANCIAL CONSIDERATIONS**

The FY 2013-14 Behavioral Health Adopted Budget includes a total appropriation of \$491,886 for mobile crisis intervention services. Of the total, \$369,563 is funded by the Mental Health Services Act, \$36,000 is funded by the Department of Social Services and the balance is funded by other revenue sources. No General Fund support is used.

The contract amount for FY 2013-14 is the same as FY 2012-13. The chart below represents actual costs for FY 2012-13 and projected costs for FY 2013-14.

#### **Program Costs/Funding**

<b>Mobile Crisis FY 2013-14</b>		
<b>Program Costs</b>	<b>FY 2012-13 Actual</b>	<b>FY 2013-14 Budgeted</b>
Crisis Intervention Services	416,846	455,886
Adult Protective Services	36,000	36,000
<b>Total Contract Costs</b>	<b>\$ 452,846</b>	<b>\$ 491,886</b>
<b>Funding</b>		
Medi-Cal	81,082	72,169
Department of Social Services	36,000	36,000
Private Insurance	19,479	14,154
MHSA	316,285	369,563
<b>Total Funding</b>	<b>\$ 452,846</b>	<b>\$ 491,886</b>

## **RESULTS**

Service levels and performance measures are tracked against budgeted targets for the program. Behavioral Health operational and administrative staff will meet quarterly with the contractor to review results against budgeted targets. Program targets are set at a minimum acceptable level, as negotiated with the contractor, with the overall purpose of providing the best possible service to our clients. In all cases, the objective is to strive for the best possible outcomes which promote the County's vision of a safe and healthy community.

The actual results for FY 2012-13 and the targeted result for FY 2013-14 are presented below.

<b>Crisis Intervention Services</b>		
<b>Year</b>	<b>2012-13 Actual</b>	<b>2013-14 Budgeted</b>
Cost	452,846	491,886
Service minutes	231,098	244,906
Number of Contacts	1,653	1,550
Crisis Services Presentations	4	6
Percent of individuals diverted from psychiatric hospitalization	57%	60%
Percent of participants who increased their knowledge of responding to mental health emergencies	86%	85%

## **ATTACHMENTS**

1. Attachment 1 - Clerk's File Statement